

## Taking the Stage® Virtual Program

*Enabling Women to Project a Powerful Leadership Presence*

Delivered online in partnership with The Humphrey Group Inc., this four-week learning experience enables women to project leadership through the lens of communication and to develop the skills needed to be seen and heard as strong, confident leaders. Discover how to communicate effectively to get your point across. Adopt a “taking the stage” mindset, and script yourself with clarity and intention. Unlock the power of your voice, and achieve a confident and authentic leadership presence.

We are pleased to offer this program as a fully online experience. As with our in-person classes, group sizes are limited to ensure ample individual feedback and social learning opportunities. You will leave with skills you have had a chance to apply, test and review with the program leader.

### Program Format

Delivered over five sessions, the program consists of:

- Pre-session online learning videos
- Four online sessions (1.5 hours each) facilitated live by an instructor from The Humphrey Group
- 30 minutes of 1-1 virtual coaching time with an instructor from The Humphrey Group
- One-year access to the online self-learning module: *Writing Effective Emails*

### Takeaways

- Capitalize on every conversation as a leadership opportunity
- Adopt the mindset to lead with confidence, and craft a strong leadership identity
- Identify and overcome minimizing communication habits that might be undermining your ability to be perceived as an influential leader in your organization
- Deliver clear, logical messages that motivate others
- Use vibrant, assertive language
- Establish a powerful vocal presence
- Achieve an authentic physical presence that conveys strength and confidence
- Effectively navigate conflict in conversations
- Develop your skills in a supportive peer-to-peer environment

### Audience

This program is designed for women leaders at all levels of an organization.

## Program Content

### Session 1: Embracing your Leadership Identity

*Pre-work video:* Leadership Identity

*Real-time online session:* What does it mean to take the stage in your role?

Topics:

- Seeing every communication as an opportunity to influence
- Crafting and communicating your leadership identity
- Identifying habits that may be working against you
- Adopting the mindset to take the stage

### Session 2: The Leader's Script

*Pre-work videos:* The Leader's Script and Leadership Language

*Real-time online session:* Sharing your ideas with impact – developing a script for an upcoming opportunity to demonstrate leadership

Topics:

- Organizing your communication around a strong message
- Building a focused and persuasive structure
- Avoiding minimizing language traps and “data dumps”
- Crafting a strong message with confident language

### Session 3: Adopting a Leader's Presence

*Pre-work video:* The Voice of a Leader

*Real-time online session:* Unlocking the power of your voice – developing stronger vocal habits

*Post-session video:* Leadership Presence

Topics:

- Common vocal traps that can undermine your leadership
- Freeing your breath and projecting the power of your voice
- Taking control of perceptions through physical presence
- Using body language, eye contact, pace and expression to project confidence

### Session 4: One on One Virtual Coaching—Your Leadership Presence

- Thirty minutes of individualized coaching with the program instructor

**Session 5: Leading in Every Conversation**

*Pre-work reading:* Listen, Listen, Listen

*Real-time online session:* Leading in conversations and conflict

Topics:

- Using the Leader's Script in conversations
- Listening to lead
- Adopting the right attitude towards conflict
- Tactics for leading in conflict: disarming, empathizing, supporting

**Program Leaders**

This program will be led by experienced professionals from The Humphrey Group, Inc.

For details: <http://humphreygroup.com/our-team>

**To Register**

Executive Education

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